

Kristy Crooks

Aboriginal Program Manager & PhD Scholar



Protecting First Nations people: addressing the gap

11:40 am



Acknowledgement of Country









HNELHD Tenterfield Warialda Emmaville Aboriginal people Moree • Non-Aboriginal people Inverell Glen Innes Northern NSW Hunter New England Bingara Tingha Md North Coast 87,941 873,618 Wee Waa Guyra Western NSW Far West Barraba Narrabri Armidale 8 Aboriginal Central Coast Boggabri • Manilla Gunnedah Metropolitan **Community-Controlled Health Organisations** Murrumbidgee Illawarra Shoalhaven Werris Creek Australian Capital Territory **8** discrete Aboriginal communities Ouirindi Southern NSW Network with Victoria Murrurundi / Wilson Wingham 25% of the states total Aboriginal 🕨 Taree / Manning Scone Merriwa 🌒 MuswellbrookGloucester population, and the largest Aboriginal Dungog Bulahdelah Denman Singleton population per LHD area Maitland

Hunter New England Local Health District



Urbenville

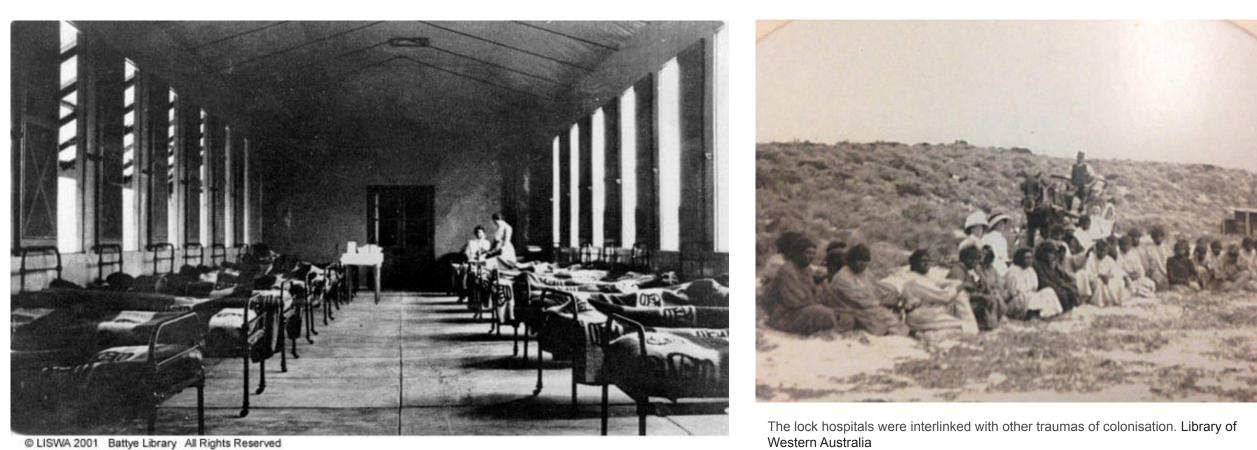
Nelson Bav

Cessnock Newcastle Mater Belmont John Hunter

Kurri Kurri

Can't ignore colonial history...





What do the newspapers REALLY tell us about the lock hospital histories? – Croakey Health Media

We can't keep doing the same thing...



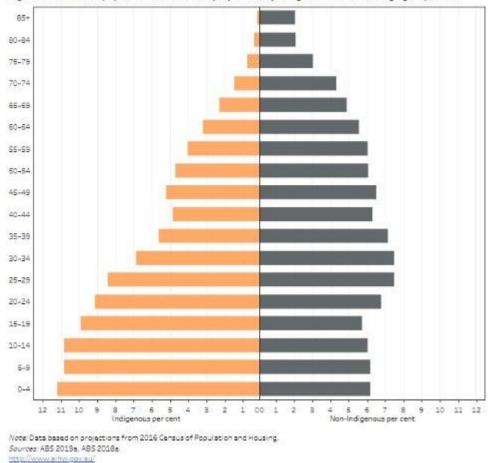
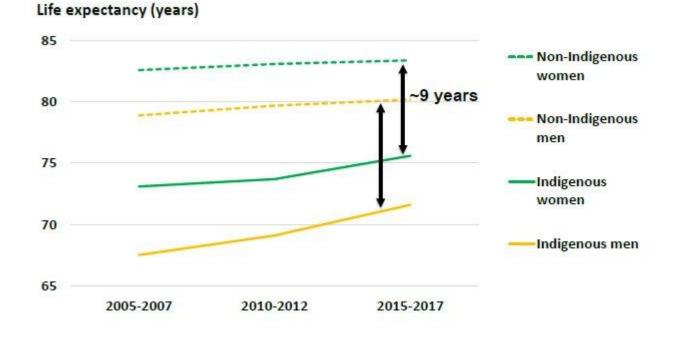


Figure 1: Australian population distribution projection, by Indigenous status and age group, 2020



AIHW. 2019. Profile of Indigenous Australians. https://www.aihw.gov.au/reports/australias-welfare/profile-of-indigenous-australians

Aboriginal and Torres Strait Islander childhood vaccination coverage

70,241



88.08%

92.92%

E.

95.56% 96.37% 95.29%

96.09%

73% of Indigenous girls and **66%** of Indigenous boys had completed a full dose of human papillomavirus virus (HPV) vaccine by 15 years of age, in 2021

of Aboriginal and Torres Strait Islander children

aged 1 were fully immunised in 2022

3.02 Immunisation - AIHW Indigenous HPF

43.5% of Indigenous Australians aged 50–64, **64.6%** of those aged 65–74, and **67.7%** of those aged 75 and over had an influenza vaccination in 2021

Indigenous adults (14%) were unvaccinated

against COVID-19, as at 31 May 2023



DATA AS AT: 31 December 2023 SOURCE: Australian Immunisation Register

84.75%

91%

ABORIGINA



- First Nations peoples are a priority population for Australia's immunisation programs
- Racism, culturally unsafe and inappropriate health services, and access issues are some reasons low vaccination coverage
- However, most First Nations parents are supportive of immunisation
- Lack of information, knowledge and education
- Trust and mistrust
- Family, community and cultural factors
- Communication changing information causes confusion, and mistrust.
- Access and logistics lack of GP appointments, long waitlists impacts on timely vaccination.
- Fixed appointments don't work hybrid approaches are better! (for everyone!)

Common things we hear...



Excuses	Reframe that thought
Families don't access our service	Talk with community and colleagues to gain better understanding why families are not accessing immunisation services. Are there simple access issues that make it hard for families to get to the service?
Families are vaccine hesitant	Are they really? Talk with families to understand their concerns, and develop a trusting relationship
Don't have time and it's taking staff away from their job	So whattake the vaccines to the communities. Talk to First Nations peoples/organisations and take vaccines to the community.
Don't have the budget to provide flexible immunisation services	Build it into your existing budget and staffing profile. If it's a priority, swap it out of your budget for something else.
Don't have First Nations staff in the service	Vaccination is everyone's business. Build relationships and partnerships with First Nations peoples and organisations to formulate flexible approaches.
Don't know who or how to engage First Nations peoples or communities	Ask a First Nations colleague to co-facilitate a community meeting with you
	Develop a cultural governance model to work with and engage First Nations peoples in decision-making about vaccination approaches.
	Talk to a First Nations colleague, contact local Aboriginal Health Unit for advice. Take a blank sheet of paper, have a yarn and a cuppa to understand communities needs and priorities
Don't know when is a good time to (re)engage community (using the excuse of competing priorities)	Talk to the First Nations organisation or rep about their priorities and go from there

Cashman et al. BMC Public Health (2016) 16:514 DOI 10.1186/s12889-016-3086-x

BMC Public Health

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What action looks like...



RESEARCH ARTICLE

Closing the gap in Australian Aboriginal infant immunisation rates – the development and review of a pre-call strategy

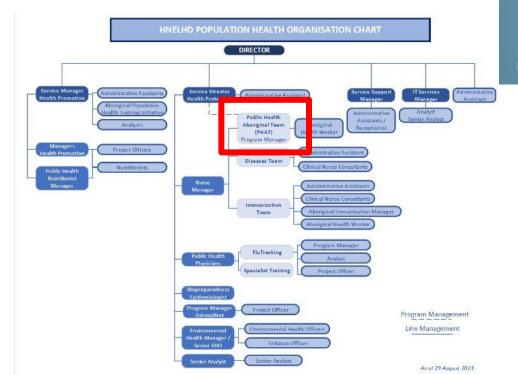
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PROTECT YOUR MOB FROM FLU

lt's in your hands health.nsw.gov.au/flu









Development and implementation of a shared governance model in a mainstream health unit: a case study of embedding Aboriginal voices in organisational decision making

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It must be rocket science...



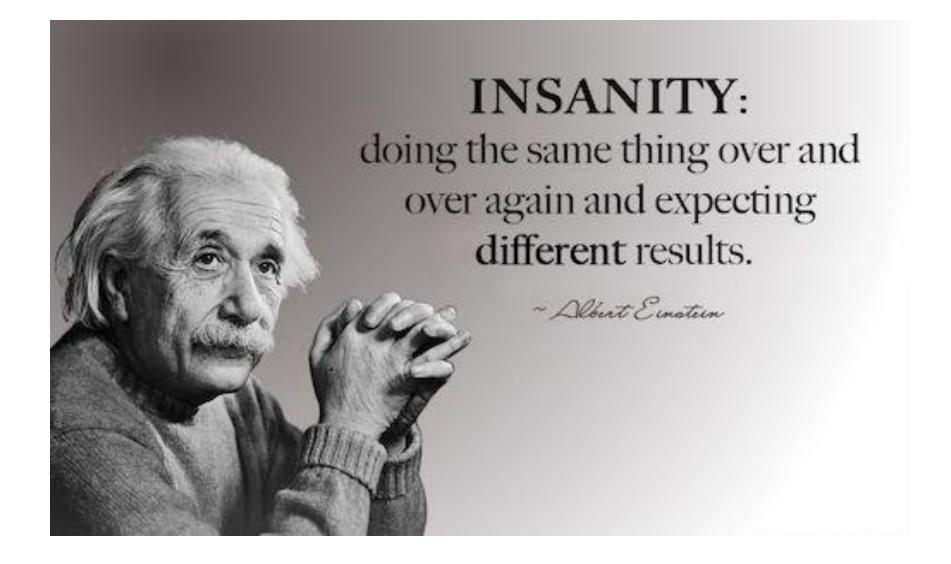
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It's not Rocket Science! - GEO University Learning Content - Medium



Is the health service insane?



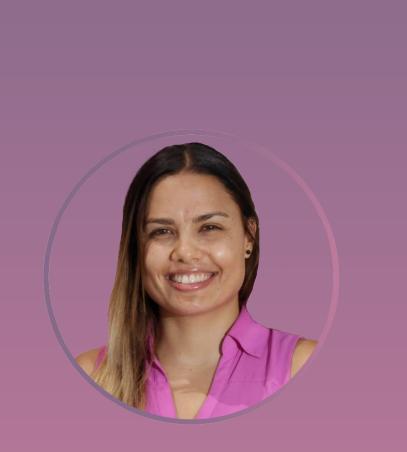




- Public health response is "do the best for the most and forget the rest"
- Public health need to ensure that those peoples who are impacted the most, receive the most support.
- We can't do this alone, and the burden cannot continue to fall on us.
- Don't come to us for answers, come to us with solutions
- Self-determination and empowerment into practice, proven problematic, because government fearful of "losing control" over decision-making and allocation of resources
- First Nations peoples need to be involved at all levels of decision-making that affect First Nations peoples



- First Nations culture and connection to Country and community is a strength
- First Nations peoples are important and our lives matter
- First Nations peoples want to get vaccinated
- First Nations peoples are curious and want more information about getting vaccinated
- First Nations peoples not responsible for carrying the load of the colonial project.
- It's the barriers that health services put up that make it harder for First Nations peoples to access vaccines
- Health services just need to invest in flexible approaches that make it easier for First Nations families.



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Q&A

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