

# Respiratory Syncytial Virus (RSV) Disease & Prevention

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### Introduction to RSV

#### Leading cause of acute lower respiratory infection

- Infants & young children<sup>[1]</sup>
  - Majority hospitalised are healthy<sup>[2]</sup>
- Prematurity, chronic comorbidities<sup>[3,4]</sup>
- Older adults<sup>[4]</sup>
- Indigenous populations<sup>[5,6]</sup>

#### **Prevention & treatment**

- No licenced vaccine
- Monoclonal antibody immunoprophylaxis (Palivizumab)
- Infection prevention & control
- Supportive treatment



### Estimating the RSV Disease Burden



[1] Shi, et al. The Lancet, 2017. [2] ANZICS, <u>https://www.anzics.com.au/annual-reports/</u> 2018.
 [3] Acworth, et al. Emergency Medicine Australasia, 2009.



## "The burden of RSV in children in the UK exceeds that of influenza"

Taylor et al. BMJ Open, 2016.

### RSV disease in young children

#### Community disease<sup>[1]</sup>

- GP visits & antibiotic use
- Most children infected by age 2-3y
- 34% community medical care
- 2% hospitalised

#### Hospitalisations in Australia<sup>[2,3]</sup>

- >7,000 children aged < 5y in 2015</li>
- LOS 3 days (IQR 1-4)
- Indigenous children IR 1.8 (1.8-2.0)
- AU>\$6,350 per hospital episode<sup>[4]</sup>
- AU\$20,000 per ICU episode<sup>[5]</sup>



#### National RSV-coded hospitalisations

National Hospital Morbidity Database ICD-10-AM codes - RSV organism (B97.8), RSV pneumonia (J12.1), RSV bronchitis (J20.5), RSV bronchiolitis (J21.0)

<sup>[1]</sup> Takashima et al. Eur J Pediatr, 2021. [2] Saravanos et al. Med J Aust, 2019. [3] Gebremedhin et al. Scientific Reports, 2022. [4] Homaira et al. Epidemiol Infect, 2016. [5] Pham et al. Journal of Paediatrics & Child Health, 2019.



### **RSV** disease in young children



"RSV is terrifying and all but completely unknown to parents." Mother of 3 week old bub Navy



### **RSV-associated child deaths**

#### RSV is an important contributor to < 5y child mortality<sup>[1]</sup>

- Up to 118,200 (UR 94,600-149,00) hospital & community deaths (2015)
- Majority in low-income or lower-middle income countries (LMIC)

#### RSV-GOLD mortality database<sup>[2]</sup>

- RSV-associated death in children < 5y
- Clinical & socioeconomic characteristics
- 358 children from 23 countries



Characteristic	LMIC	UMIC	HIC
Median age (months)	5.0 (IQR 2.3-11.0)	4.0 (2.0-10.0)	7.0 (3.6-16.8)
Medical comorbidity	28%	47%	70%





### **RSV-associated child deaths**

#### RSV deaths in NSW Australia, 1998-2018

- RSV-attributable in-hospital death in children <16y
- Paediatric tertiary/quarternary referral hospital
- Total of 20 RSV-attributable deaths



Characteristic					
Population death rate	1.2 (0.5-2.7) per million in NSW				
Median age (months)	28.7 (IQR 8.8-75.0)				
<ul> <li>Medical comorbidity</li> <li>Malignancy with immunosuppression, neurological disease, cardiorespiratory disease, immunodeficiency</li> </ul>	100%				
Healthcare associated infection	55%				
RSV diagnosis code (principal & additional)	85%				



"RSV is associated with a substantial disease burden in adults comparable to influenza, with most of the hospitalisation and mortality burden in the elderly."

Fleming et al. BMC Infectious Diseases, 2015.

### **RSV disease in adults**

#### Hospitalisations in Australia<sup>[1]</sup>

- RSV pneumonia (≥65y)
- LOS 6 days (IQR 4-9)
- Rates 1 Indigenous adults (35-64y)

#### Associated diagnoses [2]

- Chronic obstructive pulmonary disease
- Asthma
- Congestive heart failure
- Immunocompromise



#### National RSV-coded hospitalisations

National Hospital Morbidity Database ICD-10-AM codes - RSV organism (B97.8), RSV pneumonia (J12.1), RSV bronchitis (J20.5), RSV bronchiolitis (J21.0)



The development of safe, effective and affordable RSV prevention is a global priority.

### **RSV-specific prevention**

Paediatric	Maternal	Elderly
Immunoprophylaxis Vaccines • Live attenuated • Protein-based • Nucleic acid	Vaccines • Protein-based	<ul><li>Vaccines</li><li>Protein-based</li><li>Nucleic acid</li><li>Recombinant vectors</li></ul>



#### F (Fusion) protein

- Common vaccine target
- Highly conserved
- Pre & post fusion form

#### G (attachment) glycoprotein

- Variable
- Subtypes RSV-A & RSV-B



**Recombinant vectors** 

.

#### **RSV Vaccine and mAb Snapshot**

TARGET INDICATION: P = PEDIATRIC M = MATERNAL E = ELDERLY



### **RSV-specific prevention**

Company	Phase	Vaccine Type	Target Group	Efficacy
<sup>[1]</sup> Novavax	3 N=4,636	F protein nanoparticle	Pregnant women (infants)	39% (5-61) RSV-ALRI 44% (20-62) with hospitalisation
<sup>[2]</sup> Janssen "CYPRESS study"	2b N=5,728	Adenovirus vector PreF	Older adults (≥65y)	80% (52-93) RSV-ALRI 70% (43-85) symptomatic RSV infection
<sup>[3]</sup> AstraZenec a/Sanofi "Nirsevimab"	2b N=1,453	Monoclonal Ab PreF (single-dose)	Healthy pre- term infants	78% (52-90) RSV-ALRI

[1] Mahdi et al. N Engl J Med 2020. [2] <u>https://www.jnj.com/janssen-announces-phase-2b-data-demonstrating-its-investigational-rsv-adult-vaccine-provided-80-protection-against-lower-respiratory-infections-in-older-adults</u> [3] Griffin et al. N Engl J Med, 2020.



### "Awareness of RSV as a global health problem is lacking."

https://rsvgold.com/awareness/

### Awareness of RSV disease

- Pregnant women and midwives have low awareness of RSV<sup>[1,2]</sup>
- RSV in older adults is under recognised<sup>[3]</sup>
- Busy immunisation schedules
- Challenges with uptake of existing vaccines

#### Education for key groups

- Health care workers
- Pregnant women
- Early childhood & aged care

Of 495 pregnant Australian women attending an antenatal clinic **83%** had never heard of RSV<sup>[1]</sup>





Understanding RSV activity is key information for planning health service delivery & timing of interventions.

### **RSV** epidemic seasonality

#### Predicted global changes in RSV prevalence by month



- Key information for planning
  - Health service delivery
  - Prophylaxis & immunisation
- Clear seasonal epidemics
  - Tropics late summer
  - Temperate sites winter
- Precedes influenza season
- Duration 4.6 (4.3-4.8) months



Li, RESCEU et al. Lancet, 2019 (based on data 2000 to 2017).

### RSV epidemic seasonality in 2020

COVID-19 public health measures disrupted RSV activity globally

- $\rightarrow$  Single major lockdown in NSW in 2020
- Suppression of typical RSV season  $\rightarrow$  unseasonal 'summer' epidemic
- RSV infections in children aged 2-4y ↑ 84% (34 to 192) P<0.01
- RSV hospitalisations  $\downarrow$  32% (-41 to -19) P<0.01





### **RSV** prevention - looking forward

#### **RSV** Surveillance

- Australia RSV notifiable •
- Global WHO Flu/RSV
- Clinical
- Virological

#### **RSV** Research

- Paediatric & adult
- At-risk groups
- Data-linkage
- Social

surveillance





https://www.who.int/teams/global-influenza-programme/global-respiratory-syncytial-virus-



### Thank you!





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